



Rick Benben's UMKC Soccer Camps 2008

RESIDENTIAL & COMMUTER CAMPER INFORMATION

Thank you for signing up for our 2008 Soccer Camp. This is an informational sheet about what you will need to bring for the Residential/Commuter Camp and when to report, whether you're staying on campus or commuting.

RESIDENTIAL CAMPERS...

CHECK-IN: 5:00-6:30 PM SUNDAY, JULY 20

PLACE: Oak Street Residence Hall, 5051 Oak Street

CHECK-OUT: NOON THURSDAY, JULY 24

PLACE: Oak Street Residence Hall (Please make sure your ride is waiting!)

RESIDENTIAL CAMPERS NEED TO BRING THE FOLLOWING ITEMS:

Soccer Gear: Practice shirts and shorts for the week (Remember dark colors stain less if it's rainy!), socks, underwear, shin guards, outdoor cleats (Make sure they're broken in already!), indoor or running shoes.

Toiletries: Toothpaste, toothbrush, soap, shampoo, sunscreen.

Pillow, sheets, blanket or comforter, towels and wash cloths. An alarm clock or clock radio. Wastebasket.

Additional things you might want to bring: Water bottle. Swimsuit and extra towel for swimming.

Snacks and/or spending money for snacks available in vending machines or pizzas.

Special Dorm Feature: Refrigerator/Microwave combination are available in each room.

COMMUTING CAMPERS...

INITIAL CHECK-IN: 5:00-6:00 PM SUNDAY, JULY 20

PLACE FOR INITIAL & DAILY CHECK-IN: Oak Street Residence Hall, 5051 Oak Street

DAILY CHECK-IN: 8:30 AM MONDAY THRU THURSDAY

(Campers need to sign in and out in lobby. Driving campers turn in keys.)

DAILY CHECK-OUT: Sunday thru Thursday evening: 8:30-9:30 PM

Thursday: NOON UMKC Soccer Field — west of Swinney Recreation Center

COMMUTING CAMPERS NEED TO BRING THE FOLLOWING ITEMS:

There will be a room available for changing and storing belongings.

Soccer Gear: Practice shirt(s) and short(s) for the day (Remember dark colors stain less if it's raining!), change of socks and underwear. Bring shin guards, a water bottle, outdoor cleats (Make sure they're broken in already!), indoor shoes and/or running shoes—no black soles! Swimsuit and extra towel, if you'd like to swim.

Snacks and/or spending money for snacks available in Vending Machines and UMKC Bookstore.

OTHER HELPFUL INFORMATION

There are phones available in the lobby. If it is necessary to get a message to a camper, there are several options: leave messages on Rick Benben's cell phone @ 913-709-2383 or Rick Benben's voicemail at UMKC @ 816-235-5469 or home office @ 913.541-0028.

*** We will have a campus number to give you at check-in, for use in the case of an extreme emergency.

Coaches will chaperone all activities. Coaches/chaperones will be responsible for the safety of the campers and will be with them at all times. Campers are expected to respect the authority of the chaperones and their coaches, both on the field and during free time.

Arrangements will be made if campers are returning from off campus activities such as ball games, swim meets, etc. with their families.

IF YOU HAVE ANY ADDITIONAL QUESTIONS -- PLEASE CONTACT RICK BENBEN AT 913-541-0028 OR E-MAIL BenbenSoccer@aol.com.