



Rick Benben's UMKC Soccer Camps 2010

RESIDENTIAL & COMMUTER CAMPER INFORMATION

Thank you for signing up for our 2010 Soccer Camp. This is an informational sheet about what you will need to bring for the Residential/Commuter Camp and when to report, whether you're staying on campus or commuting.

RESIDENTIAL CAMPERS..

CHECK-IN: 4-5 PM SUNDAY, JULY 11

PLACE: Oak Street Residence Hall, 5051 Oak Street (changed from Johnson Residence Hall)

CHECK-OUT: NOON THURSDAY, JULY 15

PLACE: Oak Street Residence Hall (Please make sure your ride is waiting!)

RESIDENTIAL CAMPERS NEED TO BRING THE FOLLOWING ITEMS:

Soccer Gear: Practice shirts and shorts for the week, socks, underwear, shin guards, outdoor cleats (Make sure they're broken in already!), indoor or running shoes.

Toiletries: Toothpaste, toothbrush, soap, shampoo, sunscreen.

Pillow, sheets, blanket or comforter, towels and wash cloths. An alarm clock or clock radio. Wastebasket.

Additional things you might want to bring: Water bottle optional. Swimsuit and extra towel for swimming

Snacks and/or spending money for snacks available in vending machines or ordering pizzas in the evening.

Special Dorm Room Feature: Refrigerator/Microwave combination are available in each room.

COMMUTING CAMPERS...

INITIAL CHECK-IN: 4-5 PM SUNDAY, JULY 11— stay for dinner & Sunday evening camp session.

PLACE: Oak Street Residence Hall, 5051 Oak Street

DAILY CHECK-IN: 8:30 AM MONDAY THRU THURSDAY

(Campers need to sign in and out in lobby. Driving campers turn in keys.)

DAILY CHECK-OUT: Sunday thru Wednesday evening: approximately 9 PM

**Thursday: NOON Stan Durwood Soccer Stadium & Recreation Field
(west of Swinney Recreation Center)**

COMMUTING CAMPERS NEED TO BRING THE FOLLOWING ITEMS:

There will be a room available for changing and storing belongings.

Soccer Gear: Practice shirt(s) and short(s) for the day, change of socks and underwear. Bring shin guards, a water bottle optional, outdoor cleats (Make sure they're broken in already!), indoor shoes and/or running shoes—no black soles! Swimsuit and extra towel, if you'd like to swim.

Snacks and/or spending money for snacks available in Vending Machines and UMKC Bookstore.

OTHER HELPFUL INFORMATION

There are phones available in the lobby. If it is necessary to get a message to a camper, there are several options: leave messages on Rick Benben's cell phone @ 913-709-2383 or Rick Benben's voicemail at UMKC @ 816-235-5469 or home office @ 913.541-0028.

*** We will have a campus number to give you at check-in, for use in the case of an extreme emergency.

Coaches will chaperone all activities. Coaches/chaperones will be responsible for the safety of the campers and will be with them at all times. Campers are expected to respect the authority of the chaperones and their coaches, both on the field and during free time.

Arrangements will be made if campers are returning from off campus activities such as ball games, swim meets, etc. with their families.

IF YOU HAVE ANY ADDITIONAL QUESTIONS -- PLEASE CONTACT RICK BENBEN AT 913-541-0028 OR E-MAIL BenbenSoccer@aol.com.